

GRATITUDE CONVERSATION STARTERS

With interesting questions, you can spark some great ideas!
Share your thoughts with a friend and listen to their thoughts, too.

What is a small success you had recently?



What is something you take for granted?



What do you do to keep yourself healthy?



What is a modern invention you are grateful for?



What is something you learned recently?



What is a tradition you are thankful for?



Cut these out to make yourself a deck of conversation starters.

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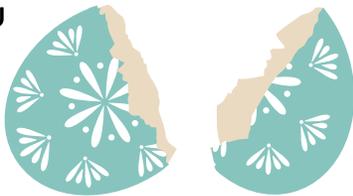
What food do you appreciate the most?



What is something you are grateful for that you didn't have a year ago?



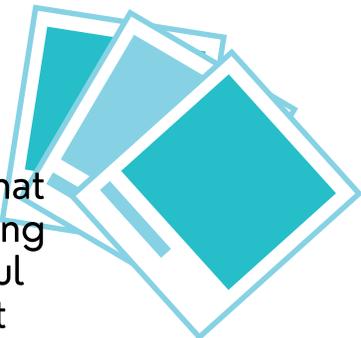
What mistake or failure are you thankful for?



What is something that makes your life easier?



Find a photo that shows something you are grateful for and share it with someone



Who makes you feel loved?



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