



Tips for Creating a Successful Family Vacation



Define Your Goals

Keep in mind the purpose of your trip - whether it's quality family time, immersing in the environment, or simply having fun. Remember, it's the little things that make lasting memories. Check the goal for your vacation below:

- Quality Time Together
- Seeing the sights
- Having fun
- Visiting Family
- Rest and Relaxation



Involve Everyone

Get the whole family involved in the planning process. When everyone feels included, complaints are minimized, and the vacation becomes a team effort.

- Plan with your partner what your goals are for a family meeting
- Set a family meeting
- Discuss expectations of your trip and plan breaks
- Make sure everyone has a voice about what they want to see or do



Manage Expectations

Don't overload your itinerary. Trying to do it all can generate stress and take away from the joy of making family memories.

- Review potential concerns for the trip and how to address them
- Avoid overloading itinerary
- Prioritize family interests



Create an Exit Plan

Have a plan in place for breaks and downtime. Designate a spot for family members to relax and recharge, ensuring a smoother and more enjoyable trip.

- Plan for breaks and downtime
- Designate break spots for each individual to have downtime
- Create a phrase together to let families members signal when they need a break

Notes: