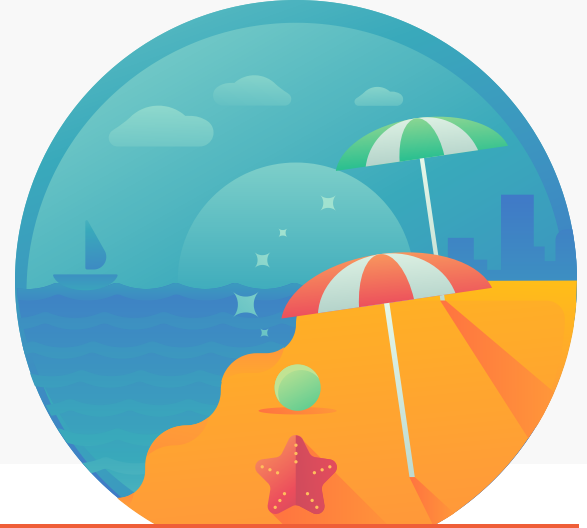


# Tips for Creating a Successful Family Vacation



## Define Your Goals

Keep in mind the purpose of your trip - whether it's quality family time, immersing in the environment, or simply having fun. Remember, it's the little things that make lasting memories. Check the goal for your vacation below:

- ☐ Quality Time Together
- ☐ Seeing the sights
- ☐ Having fun
- ☐ Visiting Family
- ☐ Rest and Relaxation



## Involve Everyone

Get the whole family involved in the planning process. When everyone feels included, complaints are minimized, and the vacation becomes a team effort.

- ☐ Plan with your partner what your goals are for a family meeting
- ☐ Set a family meeting
- ☐ Discuss expectations of your trip and plan breaks
- ☐ Make sure everyone has a voice about what they want to see or do



## Manage Expectations

Don't overload your itinerary. Trying to do it all can generate stress and take away from the joy of making family memories.

- ☐ Review potential concerns for the trip and how to address them
- ☐ Avoid overloading itinerary
- ☐ Prioritize family interests



## Create an Exit Plan

Have a plan in place for breaks and downtime. Designate a spot for family members to relax and recharge, ensuring a smoother and more enjoyable trip.

- ☐ Plan for breaks and downtime
- ☐ Designate break spots for each individual to have downtime
- ☐ Create a phrase together to let families members signal when they need a break

Notes: